



Meals-on-Wheels

OF JOHNSON AND ELLIS COUNTIES

Serving the Children of Yesterday

Volunteer Newsletter

JANUARY 2010

ELLIS COUNTY VOL.6, ISSUE 1

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HAPPY NEW YEAR

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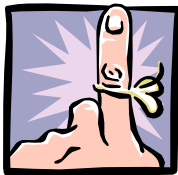
Volunteer Spotlight



Donna Harrington of Midlothian, always knew that when she retired she wanted to be able to volunteer. After retiring from Hagar after 37 years of work she knew that Meals-on-Wheels was the right organization for her to be involved with. Donna started volunteering in September and has enjoyed it so much that she now delivers two routes weekly in Ennis. She says that at first the clients were a little skeptical but it has been so rewarding to watch them open up and begin to look forward to seeing her on a weekly basis. They now share their stories and friendly hugs at each visit. Donna says she started out volunteering thinking that she would be the one doing the giving, but has realized that it is the other way around. She looks forward to Mondays and Wednesdays and says that each client brings something unique and special to her life. During the week of Christmas, Donna had the opportunity to deliver Chicken Express to her clients. She said it was amazing to watch their eyes light up and be so excited that someone had thought to bring them a chicken dinner. These are the experiences that can't be measured.

When Donna is not delivering her routes or picking up extra ones as needed, she enjoys being at home with her husband and 9 four-legged children. She has 5 dogs and 4 cats, all of which the Harrington's rescued. Donna is also the proud Aunt to 22 nieces and nephews and 39 great nieces and nephews. She spends time working in her yard year-round. Donna also has a studio where she makes things such as vases, bowls, pendants and bracelets from glass. Donna, thank you for all you do for Meals-on-Wheels, and the smiles you bring each time you deliver. You are greatly appreciated!

Reminder



Don't forget that we will be closed **Monday, January 18** in honor of Martin Luther King, Jr. Day.

Holiday meals will be delivered the previous week.

THANK YOU!

To **Chicken Express** in Alvarado, Burleson, Cleburne, Joshua, Waxahachie, Midlothian, Ennis, Red Oak and Venus for donating meals for our clients during the Holidays. Overall, over 600 noontime meals were prepared by Chicken Express and served during week of Christmas. *You are greatly appreciated!*



www.servingthechildrenofyesterday.org

Welcome!

Please join us in welcoming our newest volunteers!

Waxahachie

Jamie McCloud

Red Oak

Dan Prevo
Waynetta Dennis
Cathy Isaacks

Ennis

Christopher Russelburg
Karen Evans

Holiday Volunteers

Robert Green
Maria Smith
The Hodson Family
Michelle Harris
Rebecca Serrato
Shellie Heard
Mistie Mccurley
Angela Smith

A big thanks to all who volunteered during the holidays!

Please tell your friends and family about the need in your community! Also, we would be happy to come speak at your business, church or any gathering.

972-351-9943

Inclement Weather



The weather is unpredictable this time of year, and there is a chance we could be closed for a bad weather day. We will not deliver meals if there is a potential danger to you, the volunteer. Please stay tuned to local stations for details. NBC-5 and FOX-4 will have information on Meals-on-Wheels of Johnson and Ellis Counties.

Winter Safety Tips



Meals have to be delivered, even when it is COLD outside. Here are a few suggestions to help make winter more bearable and safer for you as you deliver!

- ◆ Winterize your car. Have your anti-freeze levels checked or your radiator flushed and filled for easier starting in the winter.
- ◆ If you drive with all season tires, make sure they are properly inflated and rotated if necessary.
- ◆ Make sure your windshield wipers are in good condition, and if they are worn, replace them.
- ◆ Most importantly, drive according to road conditions. If roads are snow covered or icy, slow down.
- ◆ Dress for winter by covering as much exposed skin as possible, and wear several layers of lightweight clothing for easy movement.
- ◆ To avoid slips and falls, wear shoes or boots that are non-skid.
- ◆ A hat is important, since so much body heat escapes from an uncovered head.
- ◆ Mittens will keep your hands warmer than gloves, and they may be easier for you to wear.

Volunteer Opportunities



Red Oak
Friday

Italy
Thursday

Ennis
Friday

Ferris
Tuesday, Thursday, Friday

Fill-ins needed in all communities!

Please let us know if you or someone you know would like to help with one of these routes.