



# Meals-on-Wheels

OF JOHNSON AND ELLIS COUNTIES

*Serving the Children of Yesterday*

## Volunteer Newsletter

JANUARY 2010

JOHNSON COUNTY VOL.6, ISSUE 1

PAGE 1

**HAPPY NEW YEAR**

### CONTENTS

**Volunteer Spotlight**

**Reminder**

**Thank you!**

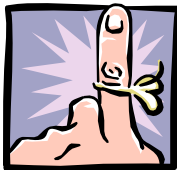
**New Volunteers**

**Inclement Weather**

**Winter Safety**

**Volunteer Opportunities**

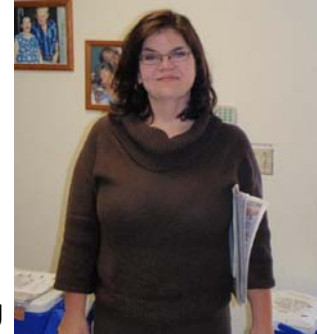
### Reminder



Don't forget that we will be closed on **Monday, January 18** in honor of Martin Luther King, Jr. Day. Holiday meals will be delivered the previous week.

### Volunteer Spotlight

Kristi Jenkins, a dedicated volunteer for over fifteen years now, delivers Cleburne route 6 faithfully and with a smile. As an employee of Pinnacle Bank in Cleburne, she helps deliver the route on a on a regular basis along with other employees of the bank.



Kristi delivers meals in part because her Grandmother was a Meals-on-Wheels client, and she remembers that she always looked forward to the meals and the volunteers that came to see her every day. She knows how much of a difference Meals-on-Wheels makes in peoples' lives, and that is why she is happy to help. "Every time I deliver meals it makes me grateful for all God has blessed me with", she says.

Because of wonderful, caring volunteers like Kristi, Meals-on-Wheels is able to serve the *children of yesterday* with not only a hot meal, but a smiling face and someone who cares about them.

**THANK YOU** to Kristi Jenkins and the employees of Pinnacle Bank!

### THANK YOU!

To **Chicken Express** in Alvarado, Burleson, Cleburne, Joshua, Waxahachie, Midlothian, Ennis, Red Oak and Venus for donating meals for our clients during the Holidays. Overall, over 600 noontime meals were prepared by Chicken Express and served during week of Christmas.



*You are greatly appreciated!*

[www.servingthechildrenofyesterday.org](http://www.servingthechildrenofyesterday.org)

# Welcome!

**Please join us in welcoming our newest volunteers!**

**Cleburne**

Benny Wickham  
Curtis & Barbara Brister  
Doyle & Pat Harp  
Rita Papajohn

**Grandview**

Gloria Chavez

**Joshua**

Jennifer Stafford  
Pinnacle Bank of Joshua

**Burleson**

Annie Thompson  
Amanda Ferguson  
Royla Robinson

**Holiday Volunteers**

Bryan & Crissy Latham  
Chicken Express Employees  
Diana Lynn  
Robert & Kimberly Franco

Thank YOU for your ongoing service, and for your help in recruiting new volunteers to deliver meals to the homebound in your communities.

### Inclement Weather



The weather is unpredictable this time of year, and there is a chance that we could be closed for a bad weather day. We will not deliver meals if there is a potential danger to you, the volunteer. Please stay tuned to local stations for details. NBC-5 and FOX-4 will have specific information on Meals-on-Wheels of Johnson and Ellis Counties.

### Winter Safety Tips



*Meals have to be delivered, even when it is COLD outside. Here are a few suggestions to help make winter more bearable and safer for you as you deliver!*

- ◆ Winterize your car. Have your anti-freeze levels checked or your radiator flushed and filled for easier starting in the winter.
- ◆ If you drive with all season tires, make sure they are properly inflated and rotated if necessary.
- ◆ Make sure your windshield wipers are in good condition, and if they are worn, replace them.
- ◆ Most importantly, drive according to road conditions. If roads are snow covered or icy, slow down.
- ◆ Dress for winter by covering as much exposed skin as possible, and wear several layers of lightweight clothing for easy movement.
- ◆ To avoid slips and falls, wear shoes or boots that are non-skid.
- ◆ A hat is important, since so much body heat escapes from an uncovered head.
- ◆ Mittens will keep your hands warmer than gloves, and they may be easier for you to wear.

### Volunteer Opportunities



**Cleburne**  
Monday, Friday

**Grandview**  
Thursday

**Burleson**  
Monday, Friday

**Venus**  
Wednesday

**Lillian**  
Thursday

*Fill-ins needed in all communities!*

*Please let us know if you or someone you know would like to help with one of these routes.*