



# Meals-on-Wheels

OF JOHNSON AND ELLIS COUNTIES

*Serving the Children of Yesterday*

## Volunteer Newsletter

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### **22nd Annual Golf Benefit**

Thursday,  
September 17, 2009  
Hidden Creek Golf Course  
Burlleson

**Buy your raffle tickets early  
for some great prizes!  
\$5 each or 5 for \$20**

For volunteer or raffle  
information, please visit our  
website or call 817-558-2840.

### Volunteer Spotlight

About 15 years ago, volunteer Barbara Athens and her husband Jay moved to the area from Fort Worth. Barbara had retired after working for Southwestern Bell for 36 years, and Jay retired a few years later from Bell Helicoptoer.

They decided they wanted to get away from the city and settle down in the country, so they made their home near Joshua. Shorty after that, in March of 1998, Barbara became a Meals-on-Wheels volunteer in Burlleson.

She says she wanted something to do as an active retiree, and she was inspired to volunteer with Meals-on-Wheels because her mother had received meals and she saw the impact it had on her mother's daily life. Eleven years later, Barbara still delivers meals and a smile every week, on Wednesdays, to the homebound in her community.

Barbara and Jay have been married 52 years, and they have three sons, one granddaughter and three grandsons. We are so grateful for the years of dedication Barbara has given Meals-on-Wheels as a volunteer.

Without wonderful volunteers like Barbara Athens, Meals-on-Wheels could not serve the "children of yesterday" in our communities. **THANK YOU** Barbara, you are greatly appreciated!





Please join us in welcoming our newest volunteers!

**Cleburne**

Cleburne Christian Academy  
James & Kassandra Cogdill  
Linnie McWilliams  
Robin Hardin

**Burleson**

Gary Tubbs

Please tell your friends and family about the need in your community! Also, we would be happy to come speak at your business, church, or any gathering.

Thank YOU for your ongoing service as a Meals-on-Wheels volunteer!

**United Way Day of Caring  
October 3, 2009**



In partnership with United Way of Johnson County, we are going to begin collecting pet food for our clients, to be distributed on Johnson County's "Day of Caring."

If you would like to donate these items, there will be donation bins at each meal pickup point

Items being collected are:  
Dry Dog Food (preferably small bites)  
Dry Cat Food

Also, please contact Lisa if you are interested in donating or hosting a pet food drive.

817-558-2840

*Thank you in advance for your support!*

**New Route Needed in Burleson!**

Due to the continuing increase in need for meals, we are in need of an 8th route in Burleson. Without volunteers, this is not possible! Please keep this in mind when talking with family, friends and co-workers about Meals-on-Wheels.

As active and dedicated volunteers, you are our best recruiters.

*Thank you for your help!*



**"Ani-Meals" Kicks Off in Cleburne**

**Meals-on-Wheels' Pet Food Program is coming to Cleburne beginning Saturday September 12th!**

Starting this month, Meals-on-Wheels volunteers will deliver pet food to Cleburne clients in need! Pet food will be delivered on the first Saturday of each month.

If you would like to donate pet food toward this program, dog or cat food may be taken to the

Cleburne Animal Shelter

Monday - Saturday, 8:00 am - 5:00 pm

*Please contact us for more information!*

**Volunteer Opportunities**



**Cleburne**  
Monday, Friday

**Burleson**  
Monday, Tuesday, Thursday, Friday

**Grandview**  
Thursday, Friday

**Joshua**  
Thursday